

THE TRANSITION TIMES



March 2018

Although we are only halfway through Term 1, our senior students have their Stage 6 courses well under way. For Year 11, this means that some students have completed their first assessments. There's a few busy weeks ahead as students face more due dates. Year 12 have nearly finished two terms of their HSC year and their Half Yearly Exams start in Week 10 (April 3rd).

Every year, teachers across NSW watch students struggle with the ongoing sea of work. Some students swim, some students sink and some just flow along with the tide. What do we do to support our students?

In Literacy each Monday, students have time allocated to planning for the week ahead. Equipped with a study planner, students have the chance to list the work that needs to be done and allocate the best times in the week to achieve their goals. By "chunking" their tasks and writing lists, our seniors should be able to prevent a "last-minute rush." Of course, this takes persistence, consistency, self-regulation and self-discipline.

Samples from the Term 1 Literacy program are included below.

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Class of 2017

Australian Catholic University	B Nursing (x2)
Macquarie University	B Arts
	B Arts (Media Studies)
	B Human Sciences (x2)
	B Information Technology
	B Medical Sciences
International College of Management, Sydney	B Property (Development, Investment, Valuation)
Southern Cross University	B Nursing
University of Canberra	B Sport & Exercise Science
University of Newcastle	B Commerce/B Innovation & Enterprise
	B Science
University of Sydney	B Science/B Advanced Studies (Food and Agricultural Business)
University of Technology Sydney	B Computing Science (Hon)
	B Health Science
	B Science (Biotech/Med/Biomed)
University of Western Sydney	B Arts

2017 HSC Cohort Offers

Congratulations to the class of 2017. While this was a small year group, it was pleasing to see so many students achieving their goals.

I look forward to catching up with our 2017 graduates to see how your courses, traineeships, apprenticeships and workplaces are going.



The Youth Week NSW t-shirt design competition is here!

Draw, paint or digitally create a design inspired by the theme 'Unity Through Diversity'.

The winning design will be printed on the NSW Youth Week t-shirt. Entries close 28 March. Submit yours here bit.ly/YW2018



What's been happening in Literacy?

Year 12...

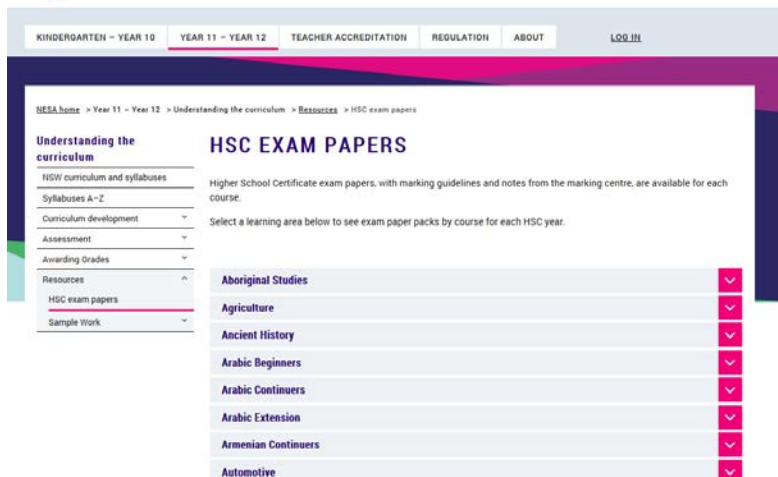
In Term 1, Year 12 have been looking at growth mindsets and the language that they can use to motivate themselves and others. Shifting our mindsets can help students to build resilience now and in the future.

<https://www.mindsetworks.com/science/>

Year 12 students have also looked at some tools to help them with their HSC studies. These tools include the NESA database of [past HSC papers](#) and marking guidelines and the [HSC multiple choice generator](#). Students were also shown how to backward map using sample responses.

Last Friday, students were taken through the ATAR – What is it? What is the relationship between my marks and my ranking? What if I'm not eligible for an ATAR? We will continue to look more closely at this throughout the year. Term 2 Literacy is dedicated to researching courses so students can start mapping options for a career pathway. Irrespective of whether students wish to study at TAFE, college or university, everyone is supported in their individual pathways.

Please note that while there are a few “early entry” programs assist pathways into some institutions, official university applications (through UAC) do not open until August 2nd 2018. It is natural for students to start feeling



It's time to step it up...

- ▶ You have three weeks before your Half Yearly Exams
- ▶ This weekend you could:
 - ▶ sort through the work you did in Term 4 last year
 - ▶ cross-check your work against syllabus dot points
 - ▶ when looking at these dot points, ask yourself:
 - ▶ Can I define?
 - ▶ Can I explain?
 - ▶ Can I support with evidence?
 - ▶ Can I evaluate?
 - ▶ Set up a revision plan for the next three weeks
 - ▶ What are my strengths? What do I need to prioritise?
 - ▶ You will have time for a rest in the holidays...)

Root words and Prefixes

Sources accessed from <http://www.readingrockets.org/article/root-words-roots-and-affixes>

Common Greek Roots

Greek Root	Definition	Example
anthropo	man; human; humanity	anthropologist, philanthropy
auto	self	autobiography, automobile
bio	life	biology, biography
chron	time	chronological, chronic
dyna	power	dynamic, dynamite
dys	bad; hard; unlucky	dysfunctional, dyslexic
gram	thing written	epigram, telegram
graph	writing	graphic, phonograph
hetero	different	heteronym, heterogeneous
homo	same	homonym, homogenous
hydr	water	hydration, dehydrate
hyper	over; above; beyond	hyperactive, hyperbole
hypo	below; beneath	hypothermia, hypothetical
logy	study of	biology, psychology
meter/met	measure	thermometer, perimeter
micro	small	microbe, microscope
mis/miso	hate	misanthropic, misogyny
mono	one	monologue, monotonous
morph	form; shape	morphology, morphing
nym	name	antonym, synonym
phil	love	philanthropist, philosophy
phobia	fear	claustrophobia, phobic
photo/phos	light	photograph, phosphorous
pseudo	false	pseudonym, pseudoscience
psycho	soul; spirit	psychology, psychic
scope	viewing instrument	microscope, telescope

Year 11...

Year 11 students have started Stage 6 Literacy by reviewing their understanding of success and exploring their own Learning Styles (Visual, Auditory and/or Kinaesthetic). In our weekly Transition Talks, we've talked about Sketchnoting as a practice students could adopt for reflecting on their work and summing up key concepts and information. In Weeks 6-8, students will be focusing on skills for reading. This is essential in supporting students with increased levels of independent reading of complex texts.

To support students with the CPR method of reading, students will be completing some etymology tasks which explore Latin and Greek roots of

Reading and Comprehension Strategies

If you don't know a word in a sentence you should try CPR first – Context → Predict → Replace

C → Context

Look at the word in context by re-reading the sentence and thinking about what the whole text is about. By re-reading the sentence it can make it easier to know what the word means as we know what is happening around the word.

P → Predict

Now you know what is happening around the word, predict what you think it means based on the context it is in.

R → Replace

If you can't predict it exactly, you can try to replace it with a word you're familiar with and see if it makes sense!



What's On?

Business Cadetships

Applications open: 5 March

Applications close: 16 May

Open to Year 12 students who wish to pursue a business career. Cadets combine university study with paid work at UBS, a top-ranking global bank.

Contact: Alister Wilkinson at: director@professionalcadets.com.au www.professionalcadets.com.au

MedView - Your Path to Medical School Info Session

24 March 11.00am

Are you considering studying Medicine in Australia? We're inviting you to come along to our free information session. We'll provide you with the insights, tips and hints into everything there is to know about applying for and attending Medical School in Australia.

<https://www.eventbrite.com/e/your-path-to-medical-school-sydney-march-2018-tickets-43146399041>

HelloUni UMAT Study Course

Our product is not only a higher quality evolution of the UMAT preparation services that have existed in their current form for more than a decade

<https://www.hellouni.com.au/>

UMAT 2018 Test Centres

Register by 1 June

UMAT Test Centres for 2018 In 2018 test centres will only be offered in the following cities and towns: Canberra Armidale, Coffs Harbour, Dubbo, Newcastle, Sydney <https://umat.acer.edu.au/register/test-centres>

Engineering & Technology Cadetships (ETCAD)

Applications open: 30 April

Applications close: 22 June

For Year 12 students interested in a career in engineering or in technology. Engineering Cadets combine an engineering degree with paid work at Cubic Transportation Systems, a world leader in integrated transport systems.

Technology Cadets combine an IT-related degree or a business degree with paid work at Macquarie Group.

Contact: Alister Wilkinson at: director@professionalcadets.com.au www.professionalcadets.com.au

New - Bachelor of Sport and Outdoor Education at ACU

ACU will offer a suite of new courses in 2019 designed for specific career paths. The new three-year Bachelor of Sport and Outdoor Education includes optional registration as a teacher and is designed for students wishing to focus on outdoor education and recreation.

http://www.acu.edu.au/courses/undergraduate/exercise_science/exercise_science/bachelor_of_sport_and_outdoor_education

Westpac IT School Based Traineeship x 2

AFL SportsReady currently have two exciting positions available for Aboriginal or Torres Strait Islander Year 11 2018 students wanting to pursue a career in the Information Technology and Digital Coding Industry. For more information, please visit the job advertisement

link: <https://www.seek.com.au/job/35427891? ga=2.29368959.1706024906.1519163715-1362047919.1509312969>

NSW Police Force – Now Recruiting

There have been many changes over the years in regard to the NSWPF recruitment process. As such, we have a new web-site and a new Facebook page that would be a great source of information to those students wanting to join.

<http://www.police.nsw.gov.au/recruitment>

<https://www.facebook.com/nswpoliceforce/>

Academy of Film, Theatre & Television Open Day

12 May. 9.30am to 2.30pm 41 Holt Street, Surry Hills

You'll be able to soak up the culture, learn about the best way to finance your studies, meet our tutors and speak to current students about their experiences. Find out why AFTT is now Australia's most contemporary fully immersive arts academy.

<http://www.aftt.edu.au/events/open-days/register-for-our-next-open-day>

Senior Music Camps Years 8-12: 1 July - 6 July

Talented music students join together for one week each year to receive expert tutelage and develop their performance skills. Participants rehearse and perform high quality repertoire culminating in a concert for families and friends on the final night of the camp.

<https://www.artsunit.nsw.edu.au/state-junior-and-senior-music-camps>

UTS STRESS MANAGEMENT

On February 12th, Year 12 were visited by Louise Redmond, a clinical psychologist from the University of Technology Sydney. Louise spoke to Year 12 about stress management and the way our bodies fall into “fight or flight” mode during times of extreme pressure. At the same time, she spoke about why a little bit of stress can actually be good for you.

Louise offered some tips to help students to manage feelings of stress or anxiety over the coming year. Such tips included:

- A healthy diet
- Aiming for 6-8 hours of sleep
- Muting apps on our devices
- Planning time to fit in family priorities, work commitments, school deadlines and relaxation
- Breathing strategies

To follow up on this talk, Ms Roberts led a yoga session with the cohort so they could practise these new skills. While some students found it a little unusual to begin with, a silent calm eventually *did* fall over the room!



Are you interested in social media?

Register with Mrs Fairley to become involved in a FREE workshop fun by Macleay College. Whether you are interested in business, sport, marketing, journalism or retail a knowledge of how to use social media for the purpose of promotion could help you get ahead.

CONGRATULATIONS TO...

Year 12 English Studies. Using our School to Work funding, these students had the opportunity to go for a tour inside the ABC Studios at Ultimo.

The group made their own broadcast and shared their film with Year 7 to help them to understand the role of the ABC as our national broadcaster.

Year 11 English Studies students are about to embark on a personalised career quiz and engage in a board meeting with Dawn Toynton from Love Your Career.

Remember, while you are at school, you have the opportunity to become involved in a range of programs. You can show leadership in and outside of the classroom. Employers and course providers value people who go the extra mile. There is nothing to lose – follow your passion!

Wondering what opportunities are out there? It can be motivating to see what types of jobs and courses are on offer. Use the following links to stay on top of the latest job advertisements, leadership opportunities and course openings.



northern
beaches
council

THE
Manly Daily



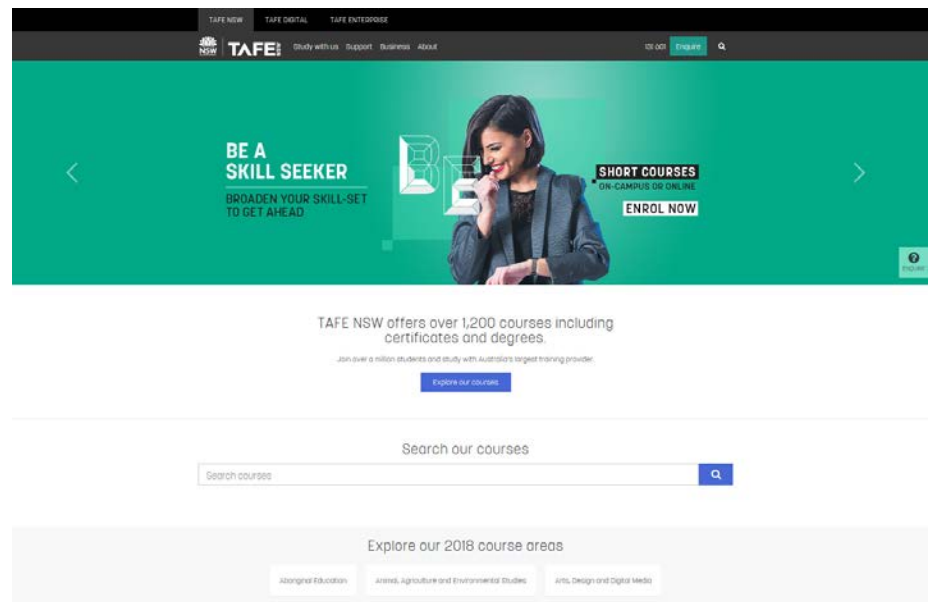
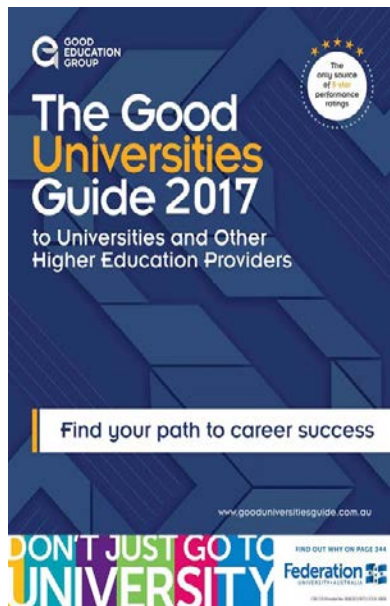
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Got any questions?

Mrs Fairley (Transition Adviser), Ms Bird (HT Welfare & Careers Adviser), Ms Taylor (LST Teacher), Mr Delrennie (Year 12 Adviser) and Mr McKee (Year 11 Adviser) are all available to guide and support you with your wellbeing, your studies and your future planning.